



Ysgol Sant Elfod

Oni flagura ni ffrwytha

Mighty oaks from little acorns grow

Mai 19eg May 19th 2023

Log on to our website www.ysgolsantelfod.org.uk
Follow us on **Twitter** and **Facebook**



**N
e
w
s
l
e
t
t
e
r**

Non-School Uniform Days... WE NEED YOUR HELP!!!!

In the build up to our Summer Fair, on July 14th, we will be holding some non-school uniform days. In exchange for wearing their own clothes the pupils will be asked to bring in items or a donation of £1 for a raffle ticket.

The non-uniform days will be on:-

Tuesday June 27th

Lower School Years 3 & 4

Please bring in items to make up a Holiday Hamper (sun cream, balls, bucket and spade, beach items etc)

Upper School Years 5 & 6

Please bring in biscuits, sweets or chocolate to make up a Sweet Hamper or items to make a 'Back to School' Hamper (pens, pencils, felts, rubber, ruler, pencil cases etc) .

Wednesday July 5th

Please bring in £1 for a raffle ticket— Various items to be won. You may buy as many tickets as you like and you can pay on Parent Pay.

Tuesday July 11th

Please bring in new items for the Tombola or bottles for the Bottle Stall

Thank you for all your continued support.



Diary / Dyddiadur

Mai/ May

26th School closes for the half term holidays 3.10pm

Mehefin/ June

5th School opens at 8.55am

12th-16th Healthy Living Week- more details to follow

26th Non-Uniform Day- donations for hampers

Gorffennaf / July

3rd Staff Training Day

5th Non-Uniform Day- £1 for raffle ticket

11th Non-Uniform Day- Donations for the Tombola

14th Summer Fair- more details to follow

20th School closes for the Summer holidays 3.10pm

Medi / September

5th Pupils return to school



Sêr yr Wythnos

Lower School

Claudia G Olivia C Pria H
Niamh VS Lexi-Lou F

Upper School

Vladyslava C Jamie B Max W
Ashlyn B Mira K

WELL DONE!

DA IAWN!



Talking Teens

TALKING TEENS, TALKING TRANSITION

'Talking Teens' taster session for parents

Come and join Sarah, head of year 7, and Lois and Amy from the team in Carolfan Dinorben to find out about:

- what to expect as your child starts to become a teenager
- communication within the family
- the teenage brain and how it works
- ideas on how to support your child



Wednesday 21 June 2023
5:30 - 6:30 pm
Emrys Ap Iwan (Atrium)
Cuppa and snack provided

Please book through emailing Sarah Vaughan-Edmunds by 26 May
staff.sve@emrysapiwan.conwy.sch.uk



YEAR 6 LEAVERS HOODIES

Year 6 parents/guardians should have received an email giving details on how to order a 'Leavers Hoodie'.

Orders must be completed by May 22nd. Thank you.



Chewing Gum/ Bubble Gum.

We have noticed that a few pupils are bringing chewing gum to school. We would like to remind you that chewing gum is not to be eaten in school.

Thank you for your co-operation.



SUMMER FAIR

Friday 14th July
3.10pm-5pm

Refreshments BBQ

Tombola

Bottle Stall Face Painting
Raffle

and much much more.....

Please come along we'd love to see you!

Wellbeing

This week, Dosbarth 9 have continued to thoroughly enjoy and benefit from all the opportunities we have been given to promote our health and wellbeing. Not only have we worked hard, shown great team-work and had fabulous fun during rugby games sessions with Mr. Meyers, but we have also participated enthusiastically during our Action For Children 'Bounce Back Extra' sessions where we have been focusing on building our resilience skills and how to express our emotions. In addition, during our wellbeing sessions, we have been exploring the qualities of good relationships with one another and in our groups we used diamond ranking to decide which qualities are most important. As a class our top three qualities included being kind, caring and respectful. We have been working hard and skilfully during our Sports Day practises to improve our personal best records in preparation for Sports Day. To wrap up our week we have relaxed outside in the sun and done some cloud gazing and we have celebrated Hailie during our weekly PATHS time.



Dinorben Centre Spring Timetable

Spring Timetable 2023

For young people aged 11+ living in Conwy county

Day	Time	Activity
Monday	5-7pm	Youth Club, Cleisley Avenue, Capel Bay
	5:30-7:30pm	Youth Club, Memorial Hall, Llanidloes Junction
	4-5pm	Chess club (starting soon)
	5-6pm	Sports sessions, Emrys Barn indoor 3G pitch (starting soon)
	6-8pm	Cardlake Youth Club (outdoor James Walker)
	7-9pm	Llanidloes Youth club, Ty Hapus
Tuesday	3-4:30pm	Sea & Coast Llanidloes, Ty Hapus
	3:30-4:30pm	Sea & Coast Llanidloes, Ty Hapus
	4:30-6pm	Youth Club, Ysgol Dyffryn yr Eifys, Dolgellau
	5-7pm	Swimming & sports, Ysgol Idris Rhyd, Llanidloes
	5:45-6:45pm	Youth Club, Pen-y-wernon, Llanidloes
	6-8pm	Ysgol, Colwyn Bay
Wednesday	6:30-8:30pm	Youth Club, Llanrwst Youth Centre
	7:15-8:30pm	Youth Club, Llanidloes Junction
	3:15-4:15pm	Youth drop in, Dinorben Family Centre
	4:30-6pm	Open session, Abergelle
	5-7pm	Dolwyddelan Youth Club
	6-7pm	Pwllheli Youth Club 12-13
Thursday	6:15-7pm	Chess club, Llanidloes Junction
	6:30-8:30pm	Sports sessions, Penrhy Maer (starting soon)
	7-8pm	Pwllheli Youth Club 14+
	7:15-8:30pm	Youth Club, Memorial Hall, Llanidloes Junction
	8:30-9:30pm	Madryn Football, Madryn sports association
	3:45-5:45pm	Sea & Coast, Llanrwst Youth Centre
Friday	4:30-5:30pm	Diff. sports, NS Tennis
	6:30-8:30pm	Wyn-yn-Ddraig Youth Club, Llanidloes
	6-8pm	Ysgol, Llanidloes
	3:15-4:30pm	Drop in session, Douglas Road Family Centre, Colwyn Bay
	4-5:30pm	Abergelle Youth Club
	4:15-5:45pm	Friday Fit, Llanrwst, Dyffryn Conwy 3G Pitch
Friday	6-7pm	Friday Fit, Abergelle Leisure Centre
	6-8pm	Friday night Llanidloes youth club, Ty Hapus

CORNEL CYMRAEG

In our *Gwasanaeth Cymraeg* this week, we have learned about a rather famous Welsh woman who is inspiring, hardworking and an excellent role model for girls and boys everywhere.



Tegan Nox

Date of Birth
15 December 1994

Place of Birth
Bargoed, Wales

Famous for
She is a Welsh professional wrestler who has travelled the world wrestling in solo and double competitions.

Who Are They?
Her real name is Stephanie Newell and previously fought under the name Nixon Newell. In 2017 she signed a contract with WWE. Tegan Nox has been wrestling since 2013 and has won many wrestling titles worldwide.

Life
She was a talented footballer who trialled for both Cardiff City and the Welsh national team. She suffered a leg injury when she was 13 years old, which cost her a place in the Wales under 16 team.

At the age of 16 she gave up football and joined a professional wrestling club in Port Talbot, where she was trained by Dave Stewart and Mike Hitchman.

Between 2013 and 2017 she took part in the 'Attack! Pro-Wrestling' event.

In 2015 she was the first woman to perform in the Wolverhampton 'Fight Club: Pro'. She toured Japan in 2017 and wrestled in 'Stardom' where she defeated Kris Wolf and Viper.

In April 2017 she signed to WWE and later in 2019 she signed for NXT in Orlando.

Interesting Facts

- Tegan Nox is a great Harry Potter fan.
- Her name refers to her Welsh heritage and her love of Harry Potter.



Dyma Cân yr Wythnos 'Brenhines y Llyn Du' gan Mei Emrys - mwynhewch!

https://youtu.be/t8YJSw_uY_g



Brawddeg yr Wythnos



Beth wnest ti dros y penwythnos?



Cerddais i.
Nofiais i.
Bwytais i.

