



Ysgol Sant Elfod

Oni flagura ni ffrwytha

Mighty oaks from little acorns grow

Mawrth 31ain March 31st 2023

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Pasg Hapus

~ Happy Easter ~



On behalf of all the staff and pupils I would like to wish you all a very Happy Easter and to thank you for all your support over the last term. The pupils have worked exceptionally hard and have had some wonderful experiences. We are all looking forward to seeing what adventures the new term will bring.

The school will be open on Monday April 17th .

Farewell Mrs Burgan



After over 20 years at Ysgol Sant Elfod Mrs Burgan is sadly retiring. We would like to thank her for her dedication to our school and wish her good luck and happiness for the future. Diolch yn fawr Mrs Burgan!



Diary / Dyddiadur

Ebrill/ April

17th School opens at 8.55am
19th Upper School Rugby.
25th-27th Upper School Swimming
26th Upper School Rugby.
27th STEM/Science Fair—more information to follow.

Mai/ May

1st School closed Bank Holiday
2nd-5th Upper School Swimming
3rd Upper School Rugby.
8th School closed Bank Holiday
26th School closes for the half term holidays 3.10pm

Mehefin/ June

5th School opens at 8.55am



Sêr yr Wythnos

Lower School

Ellie R Faye L Ethan C
Harrison P Ivy C

Upper School

Harley D Layton F Neve M-M
Alyssa E Jack S

WELL DONE!

DA IAWN!



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School Council

The school council have been busy listening to pupils and hearing what they want in school. One suggestion was a 'Buddy Bench.' The school councillors loved this idea and enjoyed getting together to design and paint our new bench. They hope that children will use this bench when they need someone to play with at break and other children will go and invite them to play.



NSPCC

Congratulations to all our pupils for taking part in the NSPCC 'Speak Out. Stay Safe' with Buddy programme. Da iawn pawb!



Wonders of the World

During the summer term in Lower Juniors, we will be learning many new things about our wonderful world. We will start by thinking about all the wonderful places to visit in and around Abergele, then we will consider the magnificent country we live in, Wales. We will explore the natural and man-made wonders of Cymru and then move on to Europe and the world. We will investigate places like Stonehenge, the pyramids in Egypt, The Statue of Liberty and many more. We will launch our topic on Friday 21st April and we would like to invite lower juniors to come dressed in traditional clothes of a country they are interested in or they can prepare a presentation to share with their class about a country they are interested in. Maybe a country with family links or treasured memories of a family holiday, or maybe a country they would like to visit when they are older. They could prepare food from the country they choose and take photos to share with the class. This will be an opportunity for the lower juniors to use their pupil voice and have an input into the direction the topic takes. We hope that all lower juniors will take part.

ALNCO (Additional Needs Co-ordinator)

Congratulations to Miss Crabtree on being appointed as our ALNCO. We wish her the very best in her new role.



UPPER SCHOOL: Building Resilience in Young People

Bouncing Back Extra is a universal, early intervention, resilience building programme for primary and secondary aged pupils.



- Bouncing Back Extra is delivered to years 5 and 6 in primary schools (transition years), over 5 weeks. It is delivered by trained Action for Children practitioners in partnership with local high school Rugby leader Chris Meyers.
- Bouncing Back Extra provides group discussion, practical tools and coping skills which enable young people to manage their day-to-day emotional wellbeing.
- Bouncing Back Extra reduces the risk of more intense mental health issues.
- Bouncing Back Extra includes five, one-hour sessions, of Bouncing Back and Decider Skills delivered a week apart. Along with five, one-hour physical activity sessions which will be outdoor Rugby. At the end of each Bouncing Back programme, each participant receives a Mental Health First Aid Kit, providing them with resources that support them to manage their mood and sustain improvements in their emotional wellbeing.

The outdoor sessions will replace the usual timetabled PE therefore classes 6, 7 and 10 will have PE on a Wednesday and Friday and classes 8 and 9 will be on a Tuesday and Wednesday.

The Rugby sessions will go ahead whatever the weather as we are promoting resilience - a spare pair of clothes and trainers is a must as we will be muddy. You could send in school uniform and the learners can change for PE.

Community News



The WRU are hosting camps in the Easter half term which are FitFedFun camp and are Free of charge. The camps are to support the areas of deprivation within Wales whilst also offering a health and well-being delivery - There will be Breakfast and Lunch provided which will also be free of charge.

The aim is to provide a fun and beneficial service to all participants who:

- Be FSM (Free School Meals)
- You believe would benefit from a hot meal and a fun day's activity.
- Within the year groups may be disengaged with sport
- In school years 3-6

Here is a list of the locations and dates the camps will be held:

- Monday the 3rd of April - Erias Park, Colwyn Bay
- Tuesday the 4th of April - Eirias Park, Colwyn Bay
- Wednesday the 5th of April - Bangor Rugby Club

We kindly ask, if possible, to share this with your networks / partners who would have individuals who would benefit from the experience. The camp will be a max of 50 participants and will be run by WRU employees and partners.

If you have any questions, please contact

dafydd.roberts@wru.wales

KIDS EAT FOR LESS

EASTER HOLIDAYS 2023

Hungry Horse Kids eat for £1 on Mondays and up to 2 kids get free breakfast with 1 adult breakfast	Premier Inn/Travelodge Buy 1 adult breakfast from £8.99 and up to 2 kids eat breakfast for free	Bills 2 kids eat free all day every day until 3rd-14 April
Sainsbury's Cafe Kids eat for £1 with the purchase of an adult hot main	Sizzling Pubs Every mon-fri, 3-7pm, kids mains are £1 with every adult meal	Bella Italia Children eat for £1 with any adult main, mon-thu 4-6pm
ASDA Cafe Kids eat for £1 all day, every day with no adult spending until the end of Easter 2023	Brewers Fayre 2 children under 16 can get a free breakfast every day with 1 paying adult	Yo! Sushi Kids eat free all day with any adult spend over £10
IKEA Kids get meals from 95p daily from 11am	Morrisons Spend £4.49 and get one free kid meal all day, every day	Prezzo Kids up to 10 eat free all day, every day with a paying adult

Conwy Family Information - Gwybodaeth i Deuluoedd Conwy

Week 1	Monday 3rd April	Tuesday 4th April	Wednesday 5th April	Thursday 6th April
Playful Parents 9.30am-11.30am	Station Road Park, Rhosdyr, LL29 9SF	Bullwinkle, Conwy, LL32 9NR	Trafford Park, Gwynedd, LL27 9RZ	Parry's Hall, Amlwch, LL22 7LL
Playful Parents 9.30am-11.30am	Elina Park, Colwyn Bay, LL29 8AF	Pan Plas Park, Penrhos-on-Sea, LL30 6JH	Capel Dinas, Llandudno Junction, LL31 1AM	Wylfa Park, Conwy, LL22 8BA
Playing Out 1pm-3pm	Tan Llan, Deiniolen, LL24 9AF	Tan Y Ffyn Ffyn, Deiniolen, LL22 9YJ	Parrotia Du Park, Bont-y-Castell, LL24 0DQ	Clifford Park, Penrhos-on-Sea, LL29 2BZ
Playing Out 1pm-3pm	Cherry Avenue, Hymal Bay, LL30 3JA	Maes Hyfryd, Maes Gwynedd, LL29 8RZ	Llandudno Park, Penrhos-on-Sea, LL29 2DQ	Pen Y Bont Park, Penrhos-on-Sea, LL29 4JG

WEAR CLOTHES THAT CAN GET MUCKY!

Morning
9:30am-11:30am
Playful Parent Session - suitable for 0-5
We will have additional staff and activities set up so older siblings are welcome.

FREE!

OPEN ACCESS!

Afternoon
1:00pm-3:00pm
Playing Out Session - suitable for 5-15
Under 5's welcome but must be accompanied by an adult.

FAMILY FOCUS

Together we put Families First, and give them a Flying Start

6TH APRIL 2023

10:00AM - 3:00PM

INFORMATION - ADVICE - FUN ACTIVITIES

RHYL TOWN HALL

Families First and Flying Start invite you to join us and lots of other services for a fun and interactive information sharing event.

Free raffle ticket for families on arrival

Drop in sessions with TAPE

Refreshments available

Arts & Craft

Games with the Easter Bunny

Education

Adult Care Needs

Health

Housing

Money Matters

Youth Services

Employment

Energy

Dewi Sant Drop In

Every Thursday morning 9.30am-12 noon

Open to everyone

Join us for a cuppa, a chat and some company

Canolfan Dewi Sant Centre, South Parade, Penarth

DINNER MONEY:

Please pay all outstanding dinner money by the end of term. Payment should be made on Parent Pay, if you require help with your log in details please contact the school office.



Bank Holidays

Please note that school will be closed on Monday May 1st and Monday May 8th.



CORNEL CYMRAEG

Have a go at using these Welsh phrases over the Easter holidays.

Our song of the week...
Ti a Fi - Bronwen Lewis



WWW.LEARNWELSH.COM

GEIRIAU PASG

(EASTER WORDS IN WELSH)

WY PASG (EASTER EGG)	Y GRODCLITH (GOOD FRIDAY)
CROES (CROSS)	SUL Y PASG (EASTER SUNDAY)
CWNINGEN Y PASG (EASTER BUNNY)	LLUN Y PASG (EASTER MONDAY)
HELFA WYAU (EGG HUNT)	Y CRAWYS (LENT)
GWANWYN (SPRING)	OEN (LAMB)
HEDDOWCH (PEACE)	CYW (CHICK)



<https://youtu.be/imxpWrsoUco>

Brawddeg yr Wythnos

I ba ysgol wyt ti'n mynd?

Dw i'n mynd i'r Ysgol Sant Elfod.

MAWRTH

Stori'r Pasg



This week in our Gwasanaeth Cymraeg, we listened to the Easter story.

Mrs Jones and two pupils from Ysgol Glan Gele popped over to Dosbarth 1 on Wednesday to watch how we do our Helpwr Heddiw sessions. The pupils in Dosbarth 1 did very well demonstrating the session and discussing all the things we do.